



Volunteer Opportunities at Shepherd's Table

Shepherd's Table was founded by community members who recognized a need for people to have a place to go where they can eat a hot meal. They were people like you and me, who wanted to reach out to those in need. Today, volunteers and community members remain the heart and driving force behind Shepherd's Table. There are multiple volunteer opportunities available:

❖ **Meal Service**

Activities: Set up dining room, help with food prep, serve dinner, wash dishes and help clean the kitchen and dining room area after the meal.

Hours: 7:00-8:45am (breakfast, M-F); 11:30am-1:15pm (lunch, M-F); 5:30pm-8:00pm (dinner; daily); 9:00am-12:00pm (brunch; weekends)

Note: Our current need is for breakfast and lunch volunteers only.

On-call volunteers: If there are not enough volunteers to serve dinner, or in the event of snow or ice, on-call volunteers will be contacted to fill in at the last minute.

❖ **Clothing Sorters/Distributors**

Activities: Volunteers sort donations accumulated throughout the week, stock them in the Clothes Closet and help keep the racks and shelves neat and orderly.

Hours: Mon & Fri, 9:00am-11:00am (sorters); Wed 9:45am-12:00pm (distributors)

❖ **Resource Center**

Activities: Assist Resource Center staff with distributing mail, toiletries and bus tokens to clients, filing and completing paperwork, and helping with other tasks. Volunteers must be 21 years old, people oriented and have basic clerical skills.

Hours: daily, 1:00-2:00pm and 6:00-7:30pm

Minimum commitment: every other week

❖ **Food Pickup**

Activities: Pick up food donations from area grocery stores/restaurants and deliver them to Shepherd's Table. You must be able to provide your own transportation.

Minimum commitment: once a week

❖ **Eye Clinic**

Activities: Assist Eye Clinic staff with greeting clients, filing and completing paperwork. Volunteers must be 21 years old.

Hours: Tues, 10:00am-4:00pm

For all Volunteer Opportunities, contact: Carmen Garcia (cgarcia@shepherdstable.org)

Volunteer Responsibilities: Volunteers play a vital role in the day-to-day functioning of Shepherd's Table. If you are scheduled to help serve dinner, please let us know if you will be late or need to leave early. Please also let us know in advance if you need to reschedule or cancel.

Tracking Hours: Please let us know if you need to track volunteer hours when you start volunteering, so we can provide proof of your service.